# 2024 Summary of Benefits

# Molina Medicare Complete Care Select HMO D-SNP

Washington H5823-010

Serving Adams, Asotin, Benton, Chelan, Clallam, Clark, Columbia, Cowlitz, Douglas, Ferry, Franklin, Garfield, Grant, Grays Harbor, Island, Jefferson, King, Kitsap, Kittitas, Klickitat, Lewis, Lincoln, Mason, Okanogan, Pacific, Pend Oreille, Pierce, San Juan, Skagit, Skamania, Snohomish, Spokane, Stevens, Thurston, Wahkiakum, Walla Walla, Whatcom, Whitman and Yakima

Effective January 1 through December 31, 2024



# Introduction to the Summary of Benefits

# **Molina Medicare Complete Care Select**

Thank you for considering Molina Healthcare! Everyone deserves quality care. Since 1980, our members have been able to lean on Molina. Because today, as always, we put your needs first.

This document does not include every benefit and service that we cover or every limitation or exclusion. To get a complete list of services, please refer to the Evidence of Coverage (EOC). A copy of the EOC is located on our website at MolinaHealthcare.com/Medicare. You can also call Member Services at (800) 665-1029, TTY/TDD 711 and we will mail you a copy.

To join our plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B and Medicaid by Washington State Health Care Authority (HCA), and live in our service area. Our service area includes the following counties in Washington: Adams, Asotin, Benton, Chelan, Clallam, Clark, Columbia, Cowlitz, Douglas, Ferry, Franklin, Garfield, Grant, Grays Harbor, Island, Jefferson, King, Kitsap, Kittitas, Klickitat, Lewis, Lincoln, Mason, Okanogan, Pacific, Pend Oreille, Pierce, San Juan, Skagit, Skamania, Snohomish, Spokane, Stevens, Thurston, Wahkiakum, Walla Walla, Whatcom, Whitman and Yakima.



Molina has a network of doctors, hospitals, pharmacies, and other providers. Except in emergency situations, if you use providers that are not in our network, we may not pay for those services. If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits or use the Medicare Plan Finder at medicare.gov.

For coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at medicare gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. If you have any questions, please call our Member Service team at (800) 665-1029, TTY/TDD 711, 7 days a week, 8 a.m. to 8 p.m., local time.

# **About Medicare**

Medicare is health insurance for people who are 65 years old or older, or who are under 65 years old with certain disabilities.

Original Medicare is a Federal Insurance Program. It pays a fee for your care directly to the doctors and hospitals you visit. Original Medicare does not cover most preventive care and has unpredictable out-of-pocket expenses.



**Medicare Part A (Hospital Insurance)** covers inpatient care in hospitals, skilled nursing facilities, hospice care, and some home health care services.



**Medicare Part B (Medical Insurance)** covers certain doctors' services, outpatient care, medical supplies and preventive services.



Medicare Part C (Medicare Advantage) is an all-in-one alternative to Original Medicare. Medicare Advantage plans include Parts A, B and usually Part D. Some Medicare Advantage plans may have lower out-of-pocket costs than Original Medicare and may cover extra benefits that Original Medicare doesn't – like dental, vision or hearing. Medicare pays a fixed fee to the plan for your care, and then the plan directly pays the doctors and hospitals. Medicare Advantage has predictable out-of-pocket expenses and offers preventive care and care coordination.



**Medicare Part D (Prescription Drug Coverage)** helps you pay for drugs you get from a pharmacy.

# **Medicaid Dual Eligibility Coverage Categories**

- Specified Low-Income Medicare Beneficiary (SLMB): Apple Health pays your Medicare Part B premium only. You are not eligible for any other Apple Health benefits and must pay all of your cost sharing.
- Qualifying Individual (QI): Apple Health pays your Medicare Part B premium only. You are not otherwise eligible for any Apple Health benefits.
- Qualified Disabled and Working Individual (QDWI): Eligible for Apple Health payment of your Medicare Part A premium only. You are not otherwise eligible for any Apple Health benefits.

#### If you are a SLMB, QI, and QDWI Beneficiary

Because Apple Health does not pay your cost share, and you do not have full Apple Health benefits, your cost share is usually 20%\*. There are a few exceptions, such as preventive wellness exams and most supplemental benefits provided by Molina Medicare, which have a \$0 cost share.



# **Eligibility Changes:**

It is important to read and respond to all mail that comes from program administrators like Social Security, Department of Health and Social Services, Home and Community Services and the Health Care Authority. Agencies like these help you maintain your Apple Health eligibility status.

If your eligibility status changes, your cost share may also change from 0% to 20%\* or from 20%\* to 0%. If you lose Apple Health coverage entirely, there is a grace period for you to reapply for Apple Health and become reinstated if you still qualify.

If you no longer qualify for Apple Health, you may be involuntarily disenrolled from our HMO SNP plan. We may contact you to remind you to reapply for Apple Health when we see your eligibility has ended.

If you are currently entitled to receive full or partial Apple Health benefits, please see your Apple Health member handbook or other state Apple Health documents for full details on your Apple Health services limits, restrictions, and exclusions.

<sup>\*</sup>Annual deductible for Part B services, and 20% coinsurance (as applicable), in addition to varying cost share amounts for Part A services apply when Member's cost share amount is not 0%.

# **Summary of Premiums & Benefits**

# **Molina Medicare Complete Care Select**

#### **Monthly Premium**

\$0 per month



If you get Extra Help from Medicare, your monthly plan premium will be lower or you might pay nothing.

In addition, you must keep paying your Medicare Part B premium.

# **Medical Deductible**

\$226 each year for in-network services, depending on your level of Medicaid eligibility. This amount may change for 2024.



**Maximum Out-of-Pocket** Responsibility

\$8,850 each year for services you receive from in-network providers. (does not include prescription drugs)



# **Summary of Premiums & Benefits (Continued)**

# **Molina Medicare Complete Care Select**

#### **Inpatient Hospital**

Our plan covers 90 days for a hospital stay per benefit period.



Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days per benefit period, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days per benefit period.

- \$325 copay per day for days 1 through 6 of the benefit period.
- \$0 copay per day for days 7 through 90 of the benefit period.
- \$0 copay for Medicare-covered lifetime reserve days.

Prior authorization may be required.

Outpatient Hospital 20% of the cost per visit



Prior authorization may be required.

# **Ambulatory** Surgical Center

\$50 copay per visit



Prior authorization may be required.

# **Doctor Visits**

#### **Primary Care**



\$0 copay per visit

# **Specialists**

\$30 copay per visit

#### **Preventive Care**

#### \$0 copay



Look for the rows with the apple in the Chapter 4 Medical benefits chart in the Evidence of Coverage. Any additional preventive services approved by Medicare during the plan year will be covered.

#### **Emergency Care**

\$100 copay



# **Urgently Needed Services**

\$30 copay



# Diagnostic Services/Labs/ **Imaging**

# Diagnostic tests and procedures

\$0 copay (freestanding location) or 20% of the cost (hospital)



#### Lab services

\$0 copay (freestanding location) or 20% of the cost (hospital)

**Diagnostic radiology services** (such as MRI, CT scan)

\$0 copay (freestanding location) or 20% of the cost (hospital)

# **Outpatient X-rays**

\$0 copay

# Therapeutic radiology

\$0 copay (freestanding location) or 20% of the cost (hospital)

Prior authorization may be required for some services.

No authorization is required for outpatient lab services and outpatient x-ray services. Genetic lab testing requires prior authorization.

# **Summary of Premiums & Benefits (Continued)**

# **Molina Medicare Complete Care Select**

#### **Hearing Services**

# Medicare-covered diagnostic hearing and balance exams



\$30 copay

#### Routine hearing exam

\$0 copay, 1 every year

#### Fitting for hearing aid/evaluation

\$0 copay, 1 every year

#### Hearing aids

\$0 copay

Our plan covers routine hearing exam & up to 2 pre-selected hearing aids every 2 years.

#### **Dental Services**

#### Medicare-covered dental services



\$0 copay

# We have partnered with a Dental Vendor to give you more options for your routine dental needs.

If you use a Provider within our Dental Vendor, you will get Preventive Dental Services of Oral Exams, Cleanings, Fluoride Treatments, and X-Rays at no cost to you.

In addition, you will have \$800 on your MyChoice card for any additional services at this provider.

If you chose to utilize a dental provider outside of the Vendor network, any and all services rendered (including any preventive or comprehensive dental services) will only be covered when you use your MyChoice card and only up to the benefit allowance of \$800.

The MyChoice card is a debit card (not a credit card) and is for the use by the member for your dental needs only. This dental benefit allowance will be loaded to your MyChoice card at the start of your benefit period (annually).

At the end of each benefit year, any unused benefit allowance will expire and does not carry over to the following period or plan year. See EOC for additional coverage details.

#### **Vision Services**

#### **Medicare-covered vision services**



- Vision exam to diagnose/treat diseases of the eye (including yearly glaucoma screening): \$0 copay
- Eyeglasses or contact lenses after cataract surgery: 20% of the cost

# We have partnered with a Vision Vendor to give you more value for your routine vision needs!

Supplemental Vision services covered include, but not limited to:

Coverage includes:

- One routine eye exam every calendar year
- An eyewear allowance

You can use your \$330 eyewear allowance to purchase:

- Contact lenses\*
- Eyeglasses (lenses and frames)
- Eyeglass lenses and / or frames
- Upgrades (such as, tinted, U-V, polarized or photochromatic lenses).

\*If you choose contact lenses, your eyewear allowance can also be used to pay down all or a portion of your contact lens fitting fee.

You are responsible for paying for any corrective eyewear over the limit of the plan's eyewear allowance.

\$0 copay for up to one routine eye exam (and refraction) for eyeglasses every calendar year.

# **Summary of Premiums & Benefits (Continued)**

# **Molina Medicare Complete Care Select**

# **Mental Health Services**



#### Inpatient visit

Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.

Our plan covers 90 days for an inpatient hospital stay.

Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.

In 2023 the amounts for each benefit period were:

- \$1,600 deductible per benefit period
- \$0 for the first 60 days of each benefit period
- \$400 per day for days 61-90 of each benefit period
- \$800 per "lifetime reserve day" after day 90 of each benefit period (up to a maximum of 60 days over your lifetime)

These amounts may change for 2024.

Prior authorization may be required.

# Outpatient individual/group therapy visit

\$45 copay

# **Skilled Nursing Facility**



Our plan covers up to 100 days in a skilled nursing facility per benefit period:

- \$0 copay per day for days 1 20
- \$200 copay per day for days 21-100
- All costs for day 101 and beyond.

No prior hospitalization is required.

Prior authorization may be required.

# **Physical Therapy**

# Physical therapy and speech therapy

\$0 copay (freestanding location) or 20% of the cost (hospital) Prior authorization may be required.

#### **Cardiac rehabilitation**

\$30 copay

Prior authorization may be required.

# **Pulmonary rehabilitation**

\$15 copay

Prior authorization may be required.

#### Occupational therapy services

\$0 copay (freestanding location) or 20% of the cost (hospital) Prior authorization may be required.

#### **Ambulance**

20% of the cost



Prior authorization required for non-emergent ambulance only.

#### **Transportation**

\$0 copay



\$200 allowance every quarter for routine transportation and OTC benefit combined. Unused allowance does not carry over to the next guarter.

You must use your MyChoice Card to get the benefit and services. See MyChoice Card section for more information.

# **Medicare Part B Drugs**

# Chemotherapy/ **Radiation Drugs** and other Part B **Drugs**

\$0 copay to 20% of the cost

Prior authorization may be required.

# **Summary of Drug Coverage**

# Standard Retail Pharmacy and Mail-Order Pharmacy

Depending on your income and institutional status, you pay the following:

For generic drugs (including brand drugs treated as generic):

• \$0 copay

For all other drugs:

• \$0 copay

# Coverage Stages

# Stage 1: Deductible

You pay the full cost of Tier 1-5 drugs until you reach the yearly \$0 or \$104 deductible.

Depending on your level of Medicaid eligibility, your Part D deductible may vary. If you receive "Extra Help" to pay your prescription drugs, the deductible stage does not apply to you.

# Stage 2: **Initial Coverage**

During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost. You stay in this stage until your year-to-date "total drug costs" (your payments plus any Part D plan payments) total \$5,030.

If you reside in a long-term care facility, you pay the same as at a retail pharmacy. You may get drugs from an out-of-network pharmacy at the same cost as an in-network pharmacy.

# Stage 3: Gap Coverage

During this stage, you pay 25% of the price for brand name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs. You stay in this stage until your year-to-date "out-of-pocket costs" (your payments) reach a total of \$8,000. This amount and rules for counting costs toward this amount have been set by Medicare.

# Stage 4: Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$8,000 the plan will pay all of the costs of your drugs.

# **Summary of Other Benefits**

# **Molina Medicare Complete Care Select**

# **Acupuncture and Naturopathic** Services

# **Medicare-Covered Acupuncture**

\$0 copay

Up to 12 visits in 90 days are covered for chronic lower back pain. Up to eight additional sessions are covered in the same year for those patients demonstrating an improvement.

# **Naturopathy**

\$0 copay

Up to 12 visits every year

Prior authorization may be required.

# **Additional Smoking** \$0 copay and Tobacco Use Cessation

8 counseling visits offered in addition to Medicare.



# Additional **Telehealth Services**

\$0 copay

Includes Primary Care Physician Services



# **Annual Physical** Exam

\$0 copay

\$15 copay



#### **Chiropractic Care**

# **Medicare-Covered Chiropractic Services**

Manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position).

# **Dialysis**

20% of the cost



#### **Fitness Benefit**

\$0 copay



Silver&Fit offers Members access to contracted fitness facilities and Home Fitness Kits for Members who prefer to exercise at home or while traveling.

# **Foot Care** (Podiatry)

#### **Medicare-Covered Foot Exam and Treatment**

\$30 copay



Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions.

Prior authorization may be required.

#### **Health Education**

\$0 copay



Programs to help you learn to manage your health conditions, including health education, learning materials, health advice, and care tips.

#### **Home Health Care**

\$0 copay



Prior authorization may be required.

#### **Meals Benefit**

\$0 copay



Standard meal cycle is a 2-week menu with a total of 28 delivered meals, based on member need. Maximum of 56 meals and 4 weeks per year. Must meet criteria approved by the plan.

Prior authorization may be required.

# **Summary of Other Benefits (Continued)**

# **Molina Medicare Complete Care Select**

# and Supplies

Medical Equipment Durable Medical Equipment (such as wheelchairs, oxygen)

20% of the cost

**Prosthetics/Medical Supplies** 

20% of the cost

**Diabetic Supplies and Services** 

\$0 copay

Prior authorization may be required for Durable Medical Equipment,

Prosthetics/Medical supplies, and Diabetic supplies.

Prior authorization required for diabetic shoes and inserts.

Prior authorization not required for preferred manufacturer.

#### 24-Hour Nurse **Advice Line**

\$0 copay



Available 24 hours a day, 7 days a week.

# **Nutritional/Dietary** \$0 copay **Benefit**



12 individual or group sessions every year; individual telephonic nutrition counseling upon request.

# **Opioid Treatment Program Services**

\$0 copay



Prior authorization may be required.

# Outpatient Blood **Services**

20% of the cost



3 pint deductible waived

# **Outpatient** Substance Abuse

\$30 copay

Individual or group therapy visits



Prior authorization may be required.

#### Over-the-Counter Items

\$0 copay

\$200 allowance every quarter for OTC items and transportation benefits combined. Unused allowance does not carry over to the next guarter.

You must use your MyChoice card to get the benefit and services. See MyChoice card section for more information.

# **Personal Emergency** \$0 copay **Response System** Plus (PERSPlus)



When authorized, we will provide an in-home device to notify the appropriate personnel in the event of an emergency (e.g., a fall).

Case Management review required.

Prior authorization may be required.

# Worldwide **Emergency and Urgent Care**

You are covered for worldwide emergency and urgent care services up to \$10,000.



# **MyChoice Card**

\$0 copay

You receive a prepaid debit card that may be used toward select supplemental plan benefits such as:



- Dental
- Food and produce\*
- Over-the-counter items and routine transportation combined
- Special Supplemental Benefits for Chronic Illnesses\*

Funds are loaded onto the card each benefit period. A benefit period can be monthly, quarterly, or annually depending on the benefits. At the end of each benefit period, any unused allocated money will not carry over to the following period or plan year.

\*Eligibility requirements applicable

# **Summary of Other Benefits (Continued)**

# **Molina Medicare Complete Care Select**

# **Special** Supplemental **Benefits for Chronic** Illnesses

\$0 copay

\$150 allowance every quarter for the following benefits:



- Mental health and wellness applications
- Service Animal supplies
- Pest control
- Non-Medicare covered genetic test kits

Unused allowance does not carry over to the next quarter.

\$40 allowance every month for food and produce.

Unused allowance does not carry over to the next month.

Prior authorization may be required.

You must use your MyChoice card to get the benefit and services. See MyChoice card section for more information.

Members must complete a Health Risk Assessment and meet the criteria outlined in Chapter 4 of the Evidence of Coverage.

# **Summary of Medicaid-Covered Benefits**

# **What Services are Covered**

The Medicaid program in Washington is called Apple Health and is managed by the Health Care Authority (HCA).

People who have Medicare and Apple Health are considered dual-eligible. Although you do not have full Medicaid benefits, you may receive help with your plan premium.

Benefit	Molina Medicare Complete Care Select	Apple Health (Medicaid)
IMPORTANT INFORMATION		
Premium and Other Important Information If you get Extra Help from Medicare, your monthly plan premium will be lower or you may pay nothing.	General	Medicaid assistance with premium payments may vary
	\$0 monthly plan premium	based on your level of Medicaid eligibility.
	In-Network	See the Medicaid Dual
	\$0 or \$ 226 deductible per year for in- network services. This amount may change for 2024.	Eligibility Coverage Categories section of this document for more information.
	\$8,850 out-of-pocket limit for Medicare-covered services.	

# **Glossary of Terms**

#### Coinsurance

The percentage you pay as your share of the cost for medical services or prescription drugs. For example, if you have 20 percent coinsurance, you pay 20 percent of the cost of your medical bill.

# Copay

The fixed amount you pay as your share of the cost of a medical service or supply. For example, you might have a \$20 copay every time you see your primary care doctor.

#### **Deductible**

The amount you pay for health care services or prescriptions before your insurance begins to pay.

# **Extra Help**

A Medicare program to help people with limited income and resources pay prescription drug program costs, like premiums, deductibles, and coinsurance.

# Long-term care

Services and support for people who can't perform basic activities of daily living, like dressing and bathing. Medicare and most health insurance plans do not pay for long-term care.

#### Medicaid

A state and federal program that provides health coverage to low-income people.

# **Medicare Advantage**

Also known as Part C. A type of Medicare plan offered by a private company approved by Medicare. A Medicare Advantage plan is an alternative to Original Medicare. It provides all of your Part A and Part B benefits and often offers extra benefits, like dental and vision care.

# **Original Medicare**

Medicare Part A (hospital insurance) and Part B (medical insurance). Most people get it when they turn 65. The federal government manages Original Medicare.

# **Out-of-pocket maximum**

The most you have to pay for covered services in one year. Once you reach this amount, your insurance covers 100 percent of your medically necessary care for the rest of the year.

# **Premium**

The money you pay monthly to Medicare or a health care plan for coverage.

#### **Preventive services**

Health care to prevent or detect illness at an early stage. Most health plans must cover some important preventive services, like flu shots and blood pressure screening, at no cost to you.

# How can you enroll?



# **Apply by Phone**

Call **(866) 403-8293, TTY/TDD 711**, to enroll over the phone. Our team of Molina Medicare Trusted Advisors are happy to answer your questions and help you enroll.



# **Apply in Person**

If you prefer to meet face-to-face with one of our Molina Medicare Trusted Advisors, please call us to schedule an appointment.



# **Apply by Mail**

Simply complete the enrollment application and return it using the postage-paid envelope. If you do not already have an enrollment application, call us and we will be happy to mail one to you.



# **Apply Online**

Visit MolinaHealthcare.com/Medicare to apply online.

Molina Healthcare is a DSNP and HMO plan with a Medicare contract. DSNP plans have a contract with the state Medicaid program. Enrollment depends on contract renewal. Molina Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, ethnicity, national origin, religion, gender, sex, age, mental or physical disability, health status, receipt of healthcare, claims experience, medical history, genetic information, evidence of insurability, geographic location. We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at (800) 665-1029, TTY: 711. Someone who speaks English can help you. This is a free service. Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al (800) 665-1029, TTY: 711. Alguien que hable español le podrá ayudar. Este es un servicio gratuito. The benefits mentioned are a part of special supplemental program for the chronically ill. Not all members qualify.

# Contact us

Ready to enroll or have questions?

Call **(866) 403-8293, TTY: 711**Current Members Call: **(800) 665-1029, TTY: 711**7 days a week, 8 a.m. – 8 p.m. local time



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